



# Town of Cheshire

## Cheshire Senior Center Resource Guide

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Created as part of



Age-Friendly Communities  
Are Livable for  
People of All Ages  
[aarp.org/livable](https://aarp.org/livable)

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## **Town of Cheshire Departments**

Animal Control	(203) 271-5590	<a href="http://www.cheshirect.gov">www.cheshirect.gov</a>
Artsplace	(203) 272 2787	<a href="http://www.cheshirect.gov">www.cheshirect.gov</a>
Assessor	(203) 271-6620	<a href="http://www.cheshirect.gov">www.cheshirect.gov</a>
Building Official	(203) 271-6640	<a href="http://www.cheshirect.gov">www.cheshirect.gov</a>
Collector of Revenue	(203) 271-6615	<a href="http://www.cheshirect.gov">www.cheshirect.gov</a>
Community Pool	(203) 271-3208	<a href="http://www.cheshirect.gov">www.cheshirect.gov</a>
Economic Development	(203) 271-6679	<a href="http://www.cheshirect.gov">www.cheshirect.gov</a>
Elections	(203) 271-6680	<a href="http://www.cheshirect.gov">www.cheshirect.gov</a>
Finance	(203) 271-6610	<a href="http://www.cheshirect.gov">www.cheshirect.gov</a>
Fire Department	(203) 272-1828	<a href="http://www.cheshirect.gov">www.cheshirect.gov</a>
Library	(203) 272-2245	<a href="http://www.cheshirelibrary.org">www.cheshirelibrary.org</a>
Personnel/Human Resources	(203) 271-6660	<a href="http://www.cheshirect.gov">www.cheshirect.gov</a>
Planning & Development	(203) 271-6670	<a href="http://www.cheshirect.gov">www.cheshirect.gov</a>
Police Department	911 (203) 271-5500	<a href="http://www.cheshirect.gov">www.cheshirect.gov</a>
Public Works & Engineering	(203) 271-6650	<a href="http://www.cheshirect.gov">www.cheshirect.gov</a>
Recreation	(203) 272-2743	<a href="http://www.cheshirect.gov">www.cheshirect.gov</a>
Senior & Transportation Services	(203) 272-8286	<a href="http://www.cheshirect.gov">www.cheshirect.gov</a>
Social Services	(203) 271-6690	<a href="http://www.cheshirect.gov">www.cheshirect.gov</a>
Town Clerk	(203) 271-6601	<a href="http://www.cheshirect.gov">www.cheshirect.gov</a>
Town Manager	(203) 271-6660	<a href="http://www.cheshirect.gov">www.cheshirect.gov</a>
Youth Services	(203) 271-6690	<a href="http://www.cheshirect.gov">www.cheshirect.gov</a>

### **Adult Basic Education**

Adult Education, Town Board of Education	Call 2-1-1 for referral	<a href="http://www.211ct.org">www.211ct.org</a>
Central CT State University	(860) 832-3200	<a href="http://www.ccsu.edu">www.ccsu.edu</a>
CT Department of Labor, Waterbury Telebenefits Line	(203) 596-4140	<a href="http://www.portal.ct.gov">www.portal.ct.gov</a>
Foothills Adult Education	(800) 300-4781	<a href="http://ed-advance-foothills.com">ed-advance-foothills.com</a>
Literacy Volunteers of America Greater New Haven/Meriden	(203) 235-1714	<a href="http://www.literacycentral.org">www.literacycentral.org</a>
Naugatuck Valley Community College	(203) 575-8000	<a href="http://www.nv.edu">www.nv.edu</a>
Northwest CT Community College	(860) 738-6300	<a href="http://www.nwcc.edu">www.nwcc.edu</a>
Osher Lifelong Learning Institute	(475) 222-6232	<a href="http://www.oli.uconn.edu">www.oli.uconn.edu</a>
Southern CT State University	(203) 392-5240	<a href="http://www.southernct.edu">www.southernct.edu</a>
State of CT Bureau of Audit Education and Nutrition Program	(860) 807-2121	<a href="http://www.portal.ct.gov/Adult-Ed">www.portal.ct.gov/Adult-Ed</a>
Post University	(800) 660-6615	<a href="http://www.degrees.post.edu">www.degrees.post.edu</a>
UConn Waterbury Branch	(203) 236-9800	<a href="http://www.waterbury.uconn.edu">www.waterbury.uconn.edu</a>
Western CT State University	(203) 837-9000	<a href="http://www.wcsu.edu">www.wcsu.edu</a>

### **Adult Day Care**

Abbott Terrace Adult Day Care	(203) 755-4870	<a href="http://www.abbottterrace.com">www.abbottterrace.com</a>
Daybreak Adult Day Care	(203) 757-0106	<a href="http://www.daybreakatwaterbury.com">www.daybreakatwaterbury.com</a>
CT Association of Adult Day Services	(203) 678-4649	<a href="http://www.ctadulday.org">www.ctadulday.org</a>
Clelian Adult Care Center	(203) 288-4151	<a href="http://www.cleliancenter.org">www.cleliancenter.org</a>
Beautiful Life Adult Day & Home Care	(203) 707-1911	<a href="http://www.btflife.com">www.btflife.com</a>
Mulberry Gardens	(860) 276-1020	<a href="http://www.hhcseniorservices.org/services/mulberry-gardens">www.hhcseniorservices.org/services/mulberry-gardens</a>

### **Advocacy: Benefits**

American Legion of CT	(860) 436-9986	<a href="http://www.ctlegion.org">www.ctlegion.org</a>
Americans Association of Retired Persons National Membership Line	(888) 687-2277	<a href="http://www.help.aarp.org">www.help.aarp.org</a>
Center for Medicare Advocacy	(800) 262-4414	<a href="http://www.medicareadvocacy.org">www.medicareadvocacy.org</a>
Association of Religious Communities - Housing Advocacy	(203) 792-9450	<a href="http://www.arcforpeace.org">www.arcforpeace.org</a>
CT Legal Services	(800) 413-7797	<a href="http://www.ctlegal.org">www.ctlegal.org</a>
CT Legal Services - Waterbury	(203) 756-8074	<a href="http://www.ctlegal.org/about/locations">www.ctlegal.org/about/locations</a>
United Way Labor Agency	(860) 258-6640	<a href="http://www.volunteer.unitedwayinc.org">www.volunteer.unitedwayinc.org</a>

CT Department of Veteran Affairs - Waterbury	(203) 805-6340	<a href="http://www.va.gov">www.va.gov</a>
Statewide Legal Services of CT	(800) 453-3320	<a href="http://www.slsct.org/contact">www.slsct.org/contact</a>
Veterans of Foreign Wars	(860) 721-5941	<a href="http://www.vfw.org">www.vfw.org</a>
Consumer Law Project for Elders	(800) 296-1467	<a href="http://www.aoascc.org">www.aoascc.org</a>

### **Advocacy: Ethnic**

Hispanic Health Council at Hispanics Unidos Campus	(203) 781-0226	<a href="http://www.hispanichealthcouncil.org">www.hispanichealthcouncil.org</a>
National Association for the Advancement of Colored People (NAACP)	(860) 727-9962	<a href="http://www.ctnaacp.org">www.ctnaacp.org</a>
Puerto Rico Federal Affairs Administration	(202) 778-0710	<a href="http://www.doi.gov/oia/islands/puertorico">www.doi.gov/oia/islands/puertorico</a>
African American Affairs Commission	(860) 566-4840	<a href="http://www.wp.cga.ct.gov">www.wp.cga.ct.gov</a>
Latin & Puerto Rican Affairs Commission	(860) 240-8330	<a href="http://www.portal.ct.gov">www.portal.ct.gov</a>
State Committees and Commissions on Indian Affairs	(860) 424-3066	<a href="http://www.ncsl.org">www.ncsl.org</a>

### **Advocacy: LGBTQ**

CT Women's Education & Legal Fund - Information	(860) 247-6090	<a href="http://www.cwealf.org">www.cwealf.org</a>
Gay & Lesbian Advocates & Defenders	(800) 455-4523	<a href="http://www.glad.org">www.glad.org</a>
Human Rights Campaign	(800) 777-4723	<a href="http://www.hrc.org">www.hrc.org</a>
New Haven Pride Center	(203) 387-2252	<a href="http://www.newhavenpridecenter.org">www.newhavenpridecenter.org</a>
Triangle Community Center, Norwalk	(203) 853-0600	<a href="http://www.ctpridecenter.org">www.ctpridecenter.org</a>

### **Advocacy: Senior**

Americans Association of Retired Persons National Membership Line	(888) 687-2277	<a href="http://www.help.aarp.org">www.help.aarp.org</a>
Eldercare Locator	(800) 677-1116	<a href="http://www.eldercare.acl.gov">www.eldercare.acl.gov</a>
Independence Northwest	(203) 729-3299	<a href="http://www.independencenorthwest.org">www.independencenorthwest.org</a>
Retired & Senior Volunteer Program	(203) 575-4220	<a href="http://www.211ct.org">www.211ct.org</a>
State Commission on Aging	(860) 240-5200	<a href="http://www.cga.ct.gov">www.cga.ct.gov</a>
United Seniors in Action	(860) 297-5154	
Western CT Agency on Aging	(203) 757-5449	<a href="http://www.wcaaa.org">www.wcaaa.org</a>

### **Advocacy: Women**

CT Women and Disabilities Network	(800) 842-7303	<a href="http://www.disrightsct.org">www.disrightsct.org</a>
CT Women's Education and Legal Fund	(800) 479-2949	<a href="http://www.cwealf.org">www.cwealf.org</a>
National Organization for Women	(202) 628-8669	<a href="http://www.now.org">www.now.org</a>
State of CT, Permanent Commission on the Status of Women	(860) 240-8300	<a href="http://www.ctpcsw.com">www.ctpcsw.com</a>
Valley Women's Health Access Program	(203) 575-1811	

### **Areas Agencies on Aging**

Western CT	(203) 757-5449	<a href="http://www.wcaaa.org">www.wcaaa.org</a>
Southwestern CT	(203) 333-9288	<a href="http://www.swcaa.org">www.swcaa.org</a>
South Central CT	(203) 785-8533	<a href="http://www.aoascc.org">www.aoascc.org</a>
Senior Resources (Eastern CT)	(860) 887-3561	<a href="http://www.seniorresourcesec.org">www.seniorresourcesec.org</a>
North Central CT	(860) 724-6443	<a href="http://www.ncaaact.org">www.ncaaact.org</a>

### **Assisted Living**

Assisted Living Services, Inc	(203) 634-8668	<a href="http://www.assistedlivingct.org">www.assistedlivingct.org</a>
Cheshire House	(203) 754-2161	<a href="http://www.cheshire-house.net">www.cheshire-house.net</a>

Benchmark Senior Living	(203) 590-1180	<a href="http://www.benchmarkseniorliving.com">www.benchmarkseniorliving.com</a>
East Hill Woods-Southbury	(203)-262-6868	<a href="http://www.watermarkcommunities.com">www.watermarkcommunities.com</a>
Elim Park	(203) 272-3547	<a href="http://www.elimpark.org">www.elimpark.org</a>
Marbridge Retirement Center	(203) 272-2901	<a href="http://www.marbridgeweb.com">www.marbridgeweb.com</a>
Masonicare Health Care Center	(203)-679-5900	<a href="http://www.masonicare.org">www.masonicare.org</a>
Mulberry Gardens of Southington	(860) 276-1020	<a href="http://www.hhcseniorservices.org">www.hhcseniorservices.org</a>
Village at East Farms-Waterbury	(203) 864-6601	<a href="http://www.benchmarkseniorliving.com">www.benchmarkseniorliving.com</a>
Bradley Home & Pavilion	(203) 235-5716	<a href="http://www.thebradleyhome.org">www.thebradleyhome.org</a>
The Orchards at Southington	(860) 628-5656	<a href="http://www.hhcseniorservices.org/services/the-orchards-at-southington">www.hhcseniorservices.org/services/the-orchards-at-southington</a>
The Landing of North Haven	(203) 780-0111	<a href="http://www.leisurecare.com/our-communities/landing-of-north-haven">www.leisurecare.com/our-communities/landing-of-north-haven</a>

### **Attorneys**

Amy E. Orlando	(203) 239-9293	<a href="http://www.amyorlandolaw.com">www.amyorlandolaw.com</a>
Drapp Law PLLC	(475) 255-7795	<a href="http://www.drapplaw.com">www.drapplaw.com</a>
Fazzone Ryan & Ricciuti, LLC	(203) 250-2222	<a href="http://www.fazzoneryan.com">www.fazzoneryan.com</a>
Knott & Knott, LLC	(203) 271-3031	<a href="http://www.knottlaw.com">www.knottlaw.com</a>

Law Office of Bruce W. Diamond, LLC	(203) 271-8070	<a href="http://www.attorneybrucediamond.com">www.attorneybrucediamond.com</a>
Law Offices of Ryan B. Corey	(203) 699-9422	<a href="http://www.coreylawoffices.com">www.coreylawoffices.com</a>
Law Offices of Steven R. Kolodziej, LLC	(203) 804-9378	<a href="http://www.kolodziejlaw.com">www.kolodziejlaw.com</a>
Michael P. Foley Jr. Atty.	(203) 250-7212	<a href="http://www.mpfesq.com">www.mpfesq.com</a>
Miele Law Offices	(203) 272-0371	<a href="http://www.mielelaw.com">www.mielelaw.com</a>
Simione, Macca & Larrow, LLC	(203) 281-0540	<a href="http://www.smlcpas.com">www.smlcpas.com</a>

### **Care Management**

Western CT Agency on Aging, CT Home Care Program - Waterbury	(203) 465-1000	<a href="http://www.wcaaaa.org">www.wcaaaa.org</a>
CT Community Care, Inc. Home Care for Elders & Disabled Care Management Associates	(203) 596-4800	<a href="http://www.ctcommunitycare.org">www.ctcommunitycare.org</a>
DSS - Alternate Care Unit Central	(800) 445-5394	<a href="http://www.portal.ct.gov/homecare">www.portal.ct.gov/homecare</a>
DSS Central Office	(860) 424-4904	<a href="http://www.portal.ct.gov/dds">www.portal.ct.gov/dds</a>

## **Consumer: Complaints**

Attorney General	(860) 808-5420	<a href="http://www.portal.ct.gov/attorney-general">www.portal.ct.gov/attorney-general</a>
Better Business Bureau	(203) 269-2700	<a href="http://www.bbb.org/search">www.bbb.org/search</a>
Consumer Law Project for Elders Hotline	(800) 296-1467	<a href="http://www.ctlawhelp.org/self-help-guides/elder-law">www.ctlawhelp.org/self-help-guides/elder-law</a>
Department of Consumer Protection Hotline	(800) 842-2649	<a href="http://www.portal.ct.gov/DCP">www.portal.ct.gov/DCP</a>
SMP (Medicare Fraud and Abuse)	(800) 447-8477	<a href="http://www.smpresource.org">www.smpresource.org</a>
Connecticut Department of Banking	(800) 831-7225	<a href="http://www.portal.ct.gov/dob">www.portal.ct.gov/dob</a>
Insurance Department	(800) 203-3447	<a href="http://www.portal.ct.gov/cid?language=en_US">www.portal.ct.gov/cid?language=en_US</a>
Department of Public Health	(860) 509-8282	<a href="http://www.portal.ct.gov/DPH">www.portal.ct.gov/DPH</a>
Practitioners Investigation Unit	(860) 509-7603	<a href="http://www.portal.ct.gov/DPH">www.portal.ct.gov/DPH</a>
Hospital and Facility Investigation Unit	(860) 509-7400	<a href="http://www.portal.ct.gov/DPH">www.portal.ct.gov/DPH</a>
Medicare Hotline	(800) 633-4227	<a href="http://www.medicare.gov">www.medicare.gov</a>
CT Dept of Ombudsman's Office	(860) 424-5200	<a href="http://www.portal.ct.gov/lcop">www.portal.ct.gov/lcop</a>
Taxpayer Advocate Services	(860) 594-9100	<a href="http://www.taxpayeradvocate.irs.gov">www.taxpayeradvocate.irs.gov</a>
Protection and Advocacy for Persons with Disabilities	(860) 297-4300	<a href="http://www.disrightsct.org/">www.disrightsct.org/</a>

### **Consumer: Money Management**

La Casa Bienvenida - Senior Support Services (Bilingual)	(203) 754-5684	<a href="http://www.thehispaniccoalition.org/la-casa-bienvenida">www.thehispaniccoalition.org/la-casa-bienvenida</a>
Consumer Law Project for Elders	(800) 296-1467	<a href="http://www.ctlawhelp.org/self-help-guides/elder-law">www.ctlawhelp.org/self-help-guides/elder-law</a>
Consumer Credit Counseling Services	(203) 272-3340	<a href="http://www.consumercredit.com">www.consumercredit.com</a>

### **Counseling**

Catholic Charities, Inc	(203) 743-4412	<a href="http://www.ccfairfield.org/project/mental-health-counseling">www.ccfairfield.org/project/mental-health-counseling</a>
Cheshire Human Services	(203) 271-6690	<a href="http://www.cheshirect.org">www.cheshirect.org</a>
CT Counseling Centers	(203) 884-0535	<a href="http://www.ctcounselingcenter.com">www.ctcounselingcenter.com</a>
Creative Counseling Center, LLC	(203) 439-2588	<a href="http://www.creativecounselingcenter.org">www.creativecounselingcenter.org</a>
DMHAS, Referral Service	(800) 446-7348	<a href="http://www.portal.ct.gov/dmhas">www.portal.ct.gov/dmhas</a>
Family & Children's Aid, Danbury	(203) 748-5689	<a href="http://www.fcaweb.org">www.fcaweb.org</a>
Family Intervention Center	(203) 753-2153	<a href="http://www.familyinterventioncenterct.com">www.familyinterventioncenterct.com</a>
Jewish Federation	(203) 267-3177	<a href="http://www.jfed.net">www.jfed.net</a>
McCall Foundation	(860) 496-2100	<a href="http://www.mccallbhn.org/">www.mccallbhn.org/</a>
MCCA-New Haven	(203) 285-6475	<a href="http://www.mccaonline.com/">www.mccaonline.com/</a>
MCCA-Waterbury	(203) 597-0643	<a href="http://www.mccaonline.com/">www.mccaonline.com/</a>

St. Mary's Behavioral Health Clinic	(203) 709-6201	<a href="http://www.trinityhealthofne.org">www.trinityhealthofne.org</a>
Stokes Counseling	(203) 729-0341	<a href="http://www.stokescounseling.com">www.stokescounseling.com</a>
Thriveworks Counseling	(203) 349-6317	<a href="http://www.thriveworks.com">www.thriveworks.com</a>
U.S. Dept. of Veteran Affairs-West Haven	(203) 932-5711	<a href="http://www.va.gov/connecticut">www.va.gov/connecticut</a>
Waterbury Hospital Behavioral Health West Main Behavioral Health	(203) 573-7500	<a href="http://www.waterburyhospital.org">www.waterburyhospital.org</a>
Wellmore-Naugatuck Clinic	(203) 723-9599	<a href="http://www.wellmore.org">www.wellmore.org</a>

### **Department of Social Services**

Department of Social Services	(855) 626-6632	<a href="http://www.portal.ct.gov">www.portal.ct.gov</a>
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### **Domestic Violence Shelters**

Elder Response Team	(203) 736-9944	<a href="http://www.bhcare.org">www.bhcare.org</a>
Safe Haven of Greater Waterbury- Hotline	(203) 575-0388	<a href="http://www.safehavengw.org/">www.safehavengw.org/</a>
Statewide DVS	(860) 282-7899	<a href="http://www.ctsafeconnect.com/">www.ctsafeconnect.com/</a>

### **Durable Medical Equipment Loan Closets**

Charlie's Closet - Guilford	(203) 453-8359	<a href="http://www.givct.org/charlies-closet/">www.givct.org/charlies-closet/</a>
Durable Medical Equipment online search for locations in your area	N/A	<a href="http://www.gotdme.org">www.gotdme.org</a>
Hope Partners of Farmington	(860) 673-1441	<a href="http://www.hpof.org/medical-equipment-closet">www.hpof.org/medical-equipment-closet</a>
Mae's Closet - Hamden	(475) 414-8333	<a href="http://www.carenewhaven.org/maes-closet">www.carenewhaven.org/maes-closet</a>
Masters Manna - Wallingford	(203) 678-3042	<a href="http://www.mastersmanna.org/">www.mastersmanna.org/</a>

### **Employment**

CT Works One Stop Center	(203) 437-3380	<a href="http://www.ctdol.state.ct.us">www.ctdol.state.ct.us</a>
NW Regional Workforce Investment	(203) 574-6971	<a href="http://www.nrwib.org">www.nrwib.org</a>
WIA Program	(203) 437-3380	<a href="http://www.ctdol.state.ct.us">www.ctdol.state.ct.us</a>
State of CT Development Services	(203) 805-7400	<a href="http://www.portal.ct.gov/dds">www.portal.ct.gov/dds</a>
Waterbury ARC	(203) 575-0707	<a href="http://www.waterburyarc.org">www.waterburyarc.org</a>
VA Industries Compensated Work	(860) 666-6951	<a href="http://www.va.gov">www.va.gov</a>

### **Geriatric Assessment**

Masonicare Healthcare Center Geriatric Health	(203) 679-5900	<a href="http://www.masonicare.org">www.masonicare.org</a>
Hartford Healthcare Medical Group	(860) 380-5150	<a href="http://www.hartfordhealthcaremedicalgroup.org">www.hartfordhealthcaremedicalgroup.org</a>
US Department of Veteran Affairs Newington	(860) 666-6951	<a href="http://www.va.gov/find-locations/?facilityType=health">www.va.gov/find-locations/?facilityType=health</a>
Waterbury Hospital Geropsychiatry	(203) 573-7284	<a href="http://www.waterburyhospital.org/all-services/geriatrics">www.waterburyhospital.org/all-services/geriatrics</a>
Yale New Haven Hospital	(203) 688-6361	<a href="http://www.medicine.yale.edu/intmed/geriatrics">www.medicine.yale.edu/intmed/geriatrics</a>

### **Grandparenting Concerns**

Cheshire Senior Center	(203) 272-8286	<a href="http://www.cheshirect.org">www.cheshirect.org</a>
Health Insurance Plans for Children	(800) 656-6684	<a href="http://www.portal.ct.gov/HUSKY">www.portal.ct.gov/HUSKY</a>
Husky Health Infoline	(877) 284-8759	<a href="http://www.portal.ct.gov/HUSKY">www.portal.ct.gov/HUSKY</a>
Cheshire YMCA	(203) 272-3150	<a href="http://www.sccymca.org">www.sccymca.org</a>
Newtown Youth & Family Services	(203) 426-8103	<a href="http://www.naugatuckymca.org">www.naugatuckymca.org</a>
Western CT Area Agency on Aging	(203) 757-5449	<a href="http://www.wcaaa.org">www.wcaaa.org</a>
Support Groups-Infoline	2-1-1	<a href="http://www.211ct.org">www.211ct.org</a>

## **Health Care**

Chesprocott Health District	(203) 272-2761	<a href="http://www.chesprocott.org">www.chesprocott.org</a>
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## **Health Care: Hospitals**

Bristol Hospital	(860) 585-3000	<a href="http://www.bristolhealth.org">www.bristolhealth.org</a>
Midstate Medical Center	(203) 692-8200	<a href="http://www.midstatemedical.org">www.midstatemedical.org</a>
Masonicare Health Care Center	(203) 679-5900	<a href="http://www.masonicare.org">www.masonicare.org</a>
Gaylord Hospital	(203) 284-2800	<a href="http://www.gaylord.org">www.gaylord.org</a>
St. Mary's Hospital-Waterbury	(203) 709-6000	<a href="http://www.trinityhealthofne.org">www.trinityhealthofne.org</a>
Waterbury Hospital	(203) 573-6000	<a href="http://www.waterburyhospital.org">www.waterburyhospital.org</a>
Yale-New Haven Hospital	(203)688-4242	<a href="http://www.ynhh.org">www.ynhh.org</a>

## **Health Care: Outpatient Facilities & Urgent Care**

Hartford HealthCare Urgent Care-Meriden	(203) 439-4485	<a href="http://www.gohealthuc.com">www.gohealthuc.com</a>
Concentra Urgent Care-Waterbury	(203) 759-1229	<a href="http://www.concentra.com">www.concentra.com</a>
Concentra Urgent Care-Wallingford	(203) 949-1534	<a href="http://www.concentra.com">www.concentra.com</a>
Concentra Urgent Care-New Haven	(203) 503-0482	<a href="http://www.concentra.com">www.concentra.com</a>
DOCS-New Haven	(475) 355-7001	<a href="http://www.docmedicalgroup.com">www.docmedicalgroup.com</a>

Hartford HealthCare Urgent Care-Cheshire	(475) 244-6051	<a href="http://www.gohealthuc.com">www.gohealthuc.com</a>
Masonicare Health Care Center	(203) 679-5900	<a href="http://www.masonicare.org">www.masonicare.org</a>
Trinity Health Urgent Care-Naugatuck	(203) 723-5636	<a href="http://www.trinityofneurgentcare.com">www.trinityofneurgentcare.com</a>
Stay Well Health Care Center-Waterbury	(203) 756-8021	<a href="http://www.staywellhealth.org">www.staywellhealth.org</a>
Rushford-Hartford HealthCare-Cheshire	(877) 577-3233	<a href="http://www.rushford.org/addiction/outpatient-treatment">www.rushford.org/addiction/outpatient-treatment</a>

### **Health Insurance Counseling**

Center for Medicare Advocacy	(860) 456-7790	<a href="http://www.medicareadvocacy.org">www.medicareadvocacy.org</a>
Cheshire Senior Center	(203) 272-8286	<a href="http://www.cheshirect.gov">www.cheshirect.gov</a>
Connecticut Social Services-Husky	(855)-805-4325	<a href="http://www.portal.ct.gov/HUSKY">www.portal.ct.gov/HUSKY</a>
Connecticut Legal Services	(860) 344-0447	<a href="http://www.ctlegal.org">www.ctlegal.org</a>
CT Partnership for Long Term Care	(860) 418-6318	<a href="http://www.portal.ct.gov">www.portal.ct.gov</a>
Centers for Medicare & Medicaid Services	(800)-633-4227	<a href="http://www.cms.gov">www.cms.gov</a>
Qualidigm Hospital Rights and Quality of Care	(800)-553-7590	<a href="http://www.cthosp.org">www.cthosp.org</a>
CT Department of Insurance	(800)-203-3447	<a href="http://www.portal.ct.gov">www.portal.ct.gov</a>
Western Connecticut Area Agency on Aging-CHOICES Program	(203)-757-5449	<a href="http://www.wcaaa.org">www.wcaaa.org</a>

### **Home Care**

All Pointe Home Care	(203) 250-1900	<a href="http://www.allpointehomecare.com">www.allpointehomecare.com</a>
Atrinity Home Health	(877) 699-9104	<a href="http://www.atrinityhomehealth.com">www.atrinityhomehealth.com</a>
Assisted Living Home Care Services	(203) 634-8668	<a href="http://www.assistedlivingct.com">www.assistedlivingct.com</a>
City Care Home Care	(203) 677-0707	<a href="http://www.citycarehomecare.com">www.citycarehomecare.com</a>
Franciscan Home Care & Hospice	(203) 238-1441	<a href="http://www.fransicanhc.org">www.fransicanhc.org</a>
Guardian Angels Home Care, LLC	(203) 439-7731	<a href="http://www.myguardianangelshomecare.com">www.myguardianangelshomecare.com</a>
Home Instead	(844) 209-9449	<a href="http://www.homeinstead.com">www.homeinstead.com</a>
Emerest Health Care	(203) 941-1700	<a href="http://www.emerest.com/connecticut">www.emerest.com/connecticut</a>
Synergy Home Care	(203) 696-1578	<a href="http://www.synergyhomecare.com">www.synergyhomecare.com</a>
Western CT Area Agency on Aging-Home Care for Elders	(203) 757-5449	<a href="http://www.wcaaa.org">www.wcaaa.org</a>

### **Hospice**

AccentCare Hospice	(866) 244-2199	<a href="http://www.accentcare.com">www.accentcare.com</a>
Connecticut Hospice	(203) 315-7301	<a href="http://www.hospice.com">www.hospice.com</a>

### **Housing: Authorities**

Cheshire	(203) 272-7511	<a href="http://www.cheshirehousing.org">www.cheshirehousing.org</a>
Hamden	(203) 248-9036	<a href="http://www.hamdenhousing.com">www.hamdenhousing.com</a>

North Haven	(203) 239-2700	<a href="http://www.town.north-haven.ct.us">www.town.north-haven.ct.us</a>
Waterbury	(203) 596-2640	<a href="http://www.waterburyha.org">www.waterburyha.org</a>

### **Housing: Homelessness**

Infoline	2-1-1	<a href="http://www.211ct.org">www.211ct.org</a>
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### **Meals On Wheels**

Western CT Area Agency on Aging	(203) 757-5449	<a href="http://www.wcaaa.org">www.wcaaa.org</a>
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### **Mental Health Authorities**

Greater Waterbury Mental Health	(203) 805-5300	<a href="http://www.portal.ct.gov/DHMAS">www.portal.ct.gov/DHMAS</a>
NAMI Information Hotline	(800) 950-6264	<a href="http://www.nami.org/help">www.nami.org/help</a>

### **Recreation**

Cheshire Parks & Recreation	(203) 271-6600	<a href="http://www.cheshirect.myrec.com">www.cheshirect.myrec.com</a>
Cheshire YMCA	(203) 272-3150	<a href="http://www.sccymca.org">www.sccymca.org</a>
Cheshire Senior Center	(203) 272-8286	<a href="http://www.cheshirect.org">www.cheshirect.org</a>

### **Skilled Nursing Facilities**

Autumn Lake Healthcare at Bucks Hill	(203) 757-0731	<a href="http://www.autumnlakebuckshill.com">www.autumnlakebuckshill.com</a>
Bradley Home & Pavilion	(203) 235-5716	<a href="http://www.thebradleyhome.org">www.thebradleyhome.org</a>
Connecticut Baptist Homes	(203) 237-1206	<a href="http://www.ctbaptisthomes.org">www.ctbaptisthomes.org</a>
Curtis Home	(203) 237-4338	<a href="http://www.thecurtishome.org">www.thecurtishome.org</a>
Elim Park Baptist Home	(203) 272-3547	<a href="http://www.elimpark.org">www.elimpark.org</a>
LiveWell Connecticut	(860) 628-9000	<a href="http://www.livewell.org">www.livewell.org</a>
Regency House Nursing and Rehabilitation Center	(203) 265-1661	<a href="http://www.regencyhousewallingford.com">www.regencyhousewallingford.com</a>
Southington Care Center	(860) 621-9559	<a href="http://www.hhcseniorservices.org/services/southington-care-center">www.hhcseniorservices.org/services/southington-care-center</a>
Whitney Rehabilitation Care Center	(203) 288-6230	<a href="http://www.whitneyrehab.com">www.whitneyrehab.com</a>

### **Toll Free Numbers**

Infoline	2-1-1	<a href="http://www.211ct.org">www.211ct.org</a>
AIDS Information	(860) 509-7806	<a href="http://www.cdc.gov/hiv/basics/whathiv.html">www.cdc.gov/hiv/basics/whathiv.html</a>
Alzheimer's Association	(800) 272-3900	<a href="http://www.alz.org">www.alz.org</a>
American Cancer Society	(800) 227-2345	<a href="http://www.cancer.org">www.cancer.org</a>
American Diabetes Association	(800) 342-2383	<a href="http://www.diabetes.org">www.diabetes.org</a>
CT Community Care, Inc	(866) 845-2224	<a href="http://www.ctcommunitycare.org">www.ctcommunitycare.org</a>

CT Attorney General	(860) 808-5300	<a href="http://www.portal.ct.gov/ag">www.portal.ct.gov/ag</a>
CT Department of Insurance	(860) 297-3800	<a href="http://www.portal.ct.gov/cid">www.portal.ct.gov/cid</a>
CT Legal Services	(800) 413-7797	<a href="http://www.ctlegal.org">www.ctlegal.org</a>
Consumer Law for Elders	(800) 296-1467	<a href="http://www.aoascc.org">www.aoascc.org</a>
CT Domestic Violence Hotline	(800) 799-7233	<a href="http://www.thehotline.org">www.thehotline.org</a>
Department of Social Services	(800) 799-7233	<a href="http://www.connect.ct.gov">www.connect.ct.gov</a>
Medicare Hotline	(800) 633-4227	<a href="http://www.medicare.gov">www.medicare.gov</a>
Money Follows the Person	(888) 992-8637	<a href="http://www.portal.ct.gov/dss">www.portal.ct.gov/dss</a>
Social Security Administration	(800) 772-1213	<a href="http://www.ssa.gov">www.ssa.gov</a>
Veterans Affairs	(877) 222-8387	<a href="http://www.va.gov">www.va.gov</a>

### **Transportation**

Cheshire Senior Center	(203) 272-8286	<a href="http://www.cheshirect.gov">www.cheshirect.gov</a>
CT Department of Transportation	(860) 594-2000	<a href="http://www.portal.ct.gov/dot">www.portal.ct.gov/dot</a>
Greater Waterbury Transit	(203) 757-0535	<a href="http://www.gwtd.org">www.gwtd.org</a>
Infoline	2-1-1	<a href="http://www.211ct.org">www.211ct.org</a>
Paratransit	(860) 594-2000	<a href="http://www.portal.ct.gov/ctada">www.portal.ct.gov/ctada</a>

### **Veteran Support**

Veterans Crisis Line	(800) 273-8255 2-1-1	<a href="http://www.portal.ct.gov/dolui/veterans-services">www.portal.ct.gov/dolui/veterans-services</a>
Veterans Services & Supports-West Haven Campus	(203)-932-5711	<a href="http://www.myplacect.org">www.myplacect.org</a>

### **Volunteering**

Cheshire Community Food Pantry	(203) 699-9226	<a href="http://www.cheshirefoodpantry.org">www.cheshirefoodpantry.org</a>
Cheshire Senior Center	(203) 272-8286	<a href="http://www.cheshirect.gov">www.cheshirect.gov</a>
Town of Cheshire	(203) 271-6600	<a href="http://www.cheshirect.gov">www.cheshirect.gov</a>
UR Community Cares	(860) 430-4557	<a href="http://www.urcommunitycares.org">www.urcommunitycares.org</a>